



FAIRVIEW PHARMACY

BREO ELLIPTA® MADE SIMPLE

A PATIENT GUIDE TO FLUTICASONE FUROATE / VILANTEROL

Breo Ellipta is a once-daily maintenance inhaler for asthma or COPD. It helps prevent symptoms over time, but it does not replace a rescue inhaler for sudden breathing trouble.

1 USE ONCE DAILY

Take exactly 1 inhalation at the same time each day. Never use more than once in 24 hours.

2 NOT A RESCUE INHALER

Use your prescribed rescue inhaler for sudden wheezing or shortness of breath.

3 OPEN ONLY WHEN READY

Opening the cover loads the dose. Do not open and close it without inhaling.

4 INHALE DEEPLY

Breathe out away from the device, seal lips around the mouthpiece, then take one long steady breath.

5 RINSE AND SPIT

Rinse your mouth with water after each dose and spit it out to reduce thrush risk.

6 CHECK THE COUNTER

Order a refill before the dose counter reaches zero. Do not wash or submerge the inhaler.

HOW TO USE THE ELLIPTA INHALER

1. Slide the cover down until you hear a click.
2. Breathe out fully away from the inhaler.
3. Put the mouthpiece between your lips; do not block the air vent.
4. Take one long, steady, deep breath through your mouth.
5. Remove the inhaler and hold your breath for about 3 to 4 seconds if comfortable.
6. Breathe out slowly, close the cover, then rinse and spit.

GET HELP NOW

- Severe breathing trouble
- Blue or gray lips
- Rescue inhaler is not helping
- Sudden wheezing immediately after Breo

CALL YOUR CLINIC

- More rescue use than usual
- Fever, chills, or worsening cough
- White patches or mouth soreness

IMPORTANT SAFETY REMINDERS

Keep a rescue inhaler available

Breo treats ongoing asthma or COPD control. It is not intended for acute bronchospasm.

Do not combine with another LABA

Have Fairview check inhalers such as salmeterol, formoterol, arformoterol, or indacaterol before using them together.

Watch for thrush and pneumonia

Rinse after every dose. COPD patients should report fever, chills, increased mucus, chest pain, or worsening breathing.

Long-term monitoring

Ask about bone health, eye exams, blood pressure, glucose, potassium, and growth monitoring for children when appropriate.

FAIRVIEW PHARMACY • 601-544-4871

500 Katie Avenue, Hattiesburg, MS 39401

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General education only; follow your prescriber and pharmacist instructions.



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MY BREO ELLIPTA® GUIDE

SIMPLIFIED REFRIGERATOR REFERENCE

MY DAILY PLAN

My name: _____

My strength: _____

My daily time: _____

My rescue inhaler: _____

Next refill date: _____

THE THREE RULES

- One inhalation once daily
- Never use Breo for a sudden attack
- Rinse your mouth and spit after every dose

DAILY INHALER CHECKLIST

- | | |
|-------------------------------|--------------------------------|
| ■ Open until it clicks | ■ Breathe out away from device |
| ■ Seal lips around mouthpiece | ■ Take one deep steady breath |
| ■ Hold breath briefly | ■ Close device |
| ■ Rinse mouth and spit | ■ Check dose counter |

CALL THE CLINIC

- More wheezing or nighttime symptoms
- More rescue inhaler use
- Fever, chills, or increased mucus
- White mouth patches or soreness
- Fast heartbeat, shaking, or chest symptoms

CALL 911 / GET URGENT HELP

- Severe breathing trouble
- Rescue inhaler does not help
- Blue or gray lips
- Fainting or severe chest pain
- Sudden worsening right after inhalation

REFILL AND STORAGE

- Store unopened in the foil tray until ready to use. Follow the discard date after opening.
- Keep dry and at room temperature. Do not wash the inhaler or breathe into it.
- Call Fairview before the counter reaches zero.

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Draft for pharmacist review: July 2026 | Bring this guide to your inhaler-teaching visit

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