



DESCOVY® MADE SIMPLE

KNOW WHETHER YOUR PRESCRIPTION IS FOR HIV TREATMENT OR PrEP

1

TAKE IT EVERY DAY

Take one tablet daily, with or without food. Daily adherence is essential for treatment and PrEP.

2

KNOW YOUR PURPOSE

TREATMENT OR PrEP?

For HIV treatment, Descovy must be combined with other HIV medicines. For PrEP, HIV-negative status must be confirmed.

3

DO NOT STOP WITH HEPATITIS B

Stopping may cause a serious hepatitis B flare. Get a coordinated stop-and-monitoring plan.

4

PrEP REQUIRES HIV TESTING

Confirm HIV-negative status before starting and at least every 3 months. Test promptly for possible acute HIV symptoms.

5

CHECK KIDNEY HEALTH & INTERACTIONS

Kidney tests and medication review are needed. Rifampin, seizure medicines, and St. John's wort can reduce effectiveness.

6

KNOW PrEP LIMITATIONS

Descovy PrEP is not approved for people at risk through receptive vaginal sex because effectiveness has not been established.

MY DESCOVY PLAN

Used for: Treatment / PrEP _____

My daily time: _____

My clinician: _____

MISSED A DOSE?

Take it when you remember unless the next dose is close. Do not double. For PrEP, repeated missed doses may reduce protection - contact the clinic.

CALL RIGHT AWAY FOR

- Possible acute HIV symptoms after a recent exposure
- Yellow skin or eyes, dark urine, or severe abdominal pain
- Very little urine, swelling, or unusual weakness
- Severe weakness, fast breathing, or persistent vomiting
- Any risk of running out or stopping

TREATMENT AND PrEP ARE DIFFERENT

HIV TREATMENT

Descovy is not a complete treatment regimen by itself. Take all companion HIV medicines.

HIV PrEP

Start only after a documented negative HIV test and continue scheduled testing at least every 3 months.

AFTER AN EXPOSURE

Descovy alone is not a complete PEP regimen. Seek urgent clinical evaluation after a possible exposure.

IMPORTANT SAFETY & SUCCESS REMINDERS

HEPATITIS B

Test before use. Stopping may cause a serious liver flare.

KIDNEY MONITORING

Keep creatinine and urine tests and report reduced urine or swelling.

STI PREVENTION

PrEP does not prevent other sexually transmitted infections; testing remains important.

PRIVACY & SUPPORT

Fairview offers confidential refills, testing reminders, and assistance navigation.



MY DESCOVY® GUIDE

KEEP THIS PAGE WITH YOUR MEDICATIONS

MY TREATMENT PLAN

My name: _____

Treatment or PrEP: _____

My daily time: _____

My clinician: _____

Next HIV test/refill: _____
ONE TABLET DAILY - KNOW TREATMENT VS PrEP

IF I MISS A DOSE

- 1 Take it when remembered unless the next dose is close.
- 2 Do not take two tablets together.
- 3 For PrEP, contact the clinic after repeated missed doses.
- 4 Call before the last tablet if a gap is possible.

MY REQUIRED FOLLOW-UP

HIV TESTING

For PrEP: before starting and at least every 3 months.

KIDNEY TESTS

Blood and urine monitoring are required.

HEPATITIS B

Testing and a stop plan are important.

OTHER MEDICINES

Check rifampin, seizure drugs, and herbal products.

CALL MY CARE TEAM FOR

- Fever, rash, sore throat after exposure
- Yellow skin or eyes or dark urine
- Very little urine or new swelling
- Severe weakness or fast breathing
- A new prescription or supplement
- Any chance of missing refills

KNOW MY PURPOSE

For treatment, Descovy must be paired with other HIV medicine. For PrEP, regular HIV testing and daily adherence are essential.

DESCOVY ALONE IS NOT PEP

FAIRVIEW SUPPORT

PRIVATE COUNSELING

Questions answered discreetly.

INTERACTION CHECKS

Every prescription and supplement reviewed.

REFILL PROTECTION

Call early if travel, insurance, or supply may cause a gap.

COST SUPPORT

Coverage and assistance options checked for your prescription.