

GLP-1 Medicines, Made Simple

Ozempic, Wegovy, Mounjaro, Zepbound and Trulicity: What Is the Difference?

SAME WEEKLY ROUTINE. DIFFERENT INGREDIENTS, USES, DOSES, AND MISSED-DOSE RULES.

These medicines may look similar, but they are not interchangeable. The brand determines the approved use, pen strength, dose-escalation plan, missed-dose rule, insurance pathway, and pregnancy counseling. Never combine or switch them on your own.

1. All are weekly injections

Use the same weekday each week. None of these injections requires food.

2. Brand matters

Ozempic and Wegovy share semaglutide; Mounjaro and Zepbound share tirzepatide. Their doses and indications still differ.

3. Pregnancy planning

Semaglutide products are stopped at least 2 months before planned pregnancy. Tirzepatide products can reduce oral birth-control reliability during initiation and dose increases.

4. Common effects

Nausea, vomiting, diarrhea, constipation, abdominal discomfort, and reduced appetite are common.

5. Tell the procedure team

These medicines delay stomach emptying. Tell anesthesia and procedure professionals before surgery or deep sedation.

6. Do not combine or switch

Never use two GLP-1 or tirzepatide products together unless a prescriber gives a specific transition plan.

Brand-by-brand missed-dose and coverage guide

Ozempic: take within 5 days.

Wegovy injection: take if the next dose is more than 48 hours away; otherwise skip. Two or more missed doses may require restart guidance.

Mounjaro and Zepbound: take within 4 days; keep doses at least 72 hours apart.

Trulicity: take only if at least 3 days remain before the next dose.

Insurance: diabetes and weight-management benefits may be separate. Coverage for one brand does not authorize substitution to another.

My Weekly GLP-1 Plan

Simplified refrigerator guide

MY PERSONAL PLAN

My exact brand _____

My prescribed strength _____

My weekly day _____

Why I take it _____

My next dose increase _____

My prescriber _____

THE RULE I MUST REMEMBER

Check the brand name every time. The same ingredient may be sold under a different brand with a different indication, pen, strength, and dosing plan. Never copy another patient's dose or move between products without a written transition plan.

CALL PROMPTLY

- Repeated vomiting or diarrhea
- Unable to keep fluids down
- New or worsening vision changes
- Upper-right abdominal pain, fever, or yellow skin

GET URGENT HELP

- Severe persistent abdominal pain
- Face or throat swelling or trouble breathing
- Fainting or severe dehydration
- Severe low blood sugar that cannot be treated safely

HOW FAIRVIEW HELPS

- Verify the brand, pen, strength, and indication
- Apply the correct missed-dose rule
- Review insulin and sulfonylurea risk
- Check insurance for the prescribed product

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KEEP THIS GUIDE WITH MY MEDICATIONS
Bring it to appointments and update it when my medication, product, dose, or other medicines change.