



FAIRVIEW PHARMACY

JARDIANCE® MADE SIMPLE

A patient guide to taking empagliflozin safely

Jardiance may be prescribed for type 2 diabetes, heart failure, chronic kidney disease, or heart protection.
Take it correctly and know the symptoms that need quick action.

1

TAKE IT ONCE DAILY

Take it in the morning, with or without food. Use the same time each day.

2

KNOW WHY YOU TAKE IT

It may protect blood sugar, heart, kidneys, or more than one of these.

3

STAY HYDRATED

It can increase urination. Follow your clinician's fluid advice, especially with heart or kidney disease.

4

WATCH FOR KETOACIDOSIS

Nausea, vomiting, stomach pain, unusual tiredness, or trouble breathing need urgent evaluation.

5

PLAN FOR SURGERY

Get a stop-and-restart plan. Jardiance is generally held at least 3 days before scheduled surgery.

6

REPORT INFECTIONS

Call for urinary burning, fever, genital itching, discharge, redness, pain, or swelling.

YOUR DAILY JARDIANCE PLAN

My strength: 10 mg / 25 mg

My morning time: _____

Why I take it: Diabetes / Heart / Kidney

Fluid instructions: _____

Prescriber: **MISSED A DOSE?**

Take it when you remember unless it is almost time for the next dose. Skip the missed dose if needed. Do not take two doses at the same time.

GET HELP RIGHT AWAY FOR

KETOACIDOSIS

Nausea, vomiting, stomach pain, unusual tiredness, or trouble breathing - even if glucose is not very high.

SEVERE DEHYDRATION

Fainting, severe dizziness, marked weakness, or inability to keep fluids down.

SERIOUS INFECTION

Fever with back or side pain, or severe genital/perineal pain, redness, swelling, or illness.

LOW BLOOD SUGAR

Confusion, sweating, shaking, or weakness - especially with insulin or sulfonylureas.

IMPORTANT SAFETY REMINDERS

Surgery or fasting

Contact the prescriber. Jardiance is generally held at least 3 days before scheduled surgery.

Other diabetes medicines

Insulin or glipizide, glimepiride, or glyburide can increase low-sugar risk.

Hydration

Drink enough fluid unless you have a fluid restriction. Ask what amount is right for you.

Pregnancy or breastfeeding

Tell your clinician promptly if pregnant, planning pregnancy, or breastfeeding.

Infections

Call early for urinary or genital symptoms. Prompt treatment matters.

Kidney checks

Keep laboratory and follow-up appointments even if you feel well.



FAIRVIEW PHARMACY

MY JARDIANCE® GUIDE

Simplified refrigerator reference

MY DAILY PLAN

My name: _____

My strength: 10 mg / 25 mg

My morning time: _____

Why I take Jardiance: _____

MISSED DOSE

Take it when remembered unless it is almost time for the next dose. Never double the dose.

GET URGENT MEDICAL HELP FOR

- Ketoacidosis symptoms: nausea, vomiting, stomach pain, unusual fatigue, or trouble breathing.
- Severe dizziness, fainting, weakness, or inability to drink enough fluid.
- Fever with back or side pain, or worsening urinary symptoms.
- Severe genital or perineal pain, redness, swelling, fever, or feeling very ill.
- Confusion, severe sweating, shaking, or loss of consciousness.

CALL BEFORE SURGERY, FASTING, OR SERIOUS ILLNESS

Jardiance is generally held at least 3 days before scheduled surgery. Do not decide on your own when to stop or restart. Contact the clinician managing the medicine for a personalized plan.

During vomiting, diarrhea, dehydration, prolonged fasting, or a serious infection, call promptly. You may need temporary sick-day instructions.

EVERYDAY SAFETY CHECK



Morning

Take once daily, with or without food.



Fluids

Follow your heart- and kidney-specific fluid plan.



Bathroom symptoms

Report urinary burning, fever, genital itching, discharge, pain, redness, or swelling.



Low sugar

Watch more closely if you use insulin or a sulfonylurea.



Appointments

Keep kidney tests and medication reviews.



Medication list

Tell every clinician and pharmacist that you take Jardiance.