



OFEV® MADE SIMPLE

A PATIENT GUIDE TO NINTEDANIB

Ofev helps slow lung scarring in several fibrosing interstitial lung diseases. It must be taken consistently with food, and diarrhea should be treated early to prevent dehydration and treatment interruption.

1 TAKE WITH FOOD

Take the prescribed capsule with food, usually about 12 hours apart.

2 SWALLOW WHOLE

Do not open, crush, or chew the capsule. Avoid contact with capsule contents.

3 TREAT DIARRHEA EARLY

Call for a diarrhea plan. Fluids and an antidiarrheal may be needed promptly.

4 KEEP LIVER TESTS

Blood tests are needed before treatment and regularly, especially early in therapy.

5 CHECK BLEEDING RISK

Tell the care team about blood thinners, aspirin, NSAIDs, or unusual bleeding.

6 DO NOT DOUBLE

If you miss a dose, skip it and take the next dose at the usual time. Never double.

MY TWICE-DAILY PLAN

Morning dose time: _____

Evening dose time: _____

My capsule strength: _____

Take each dose with: _____

My diarrhea medicine plan: _____

Next liver blood test: _____

CALL PROMPTLY

- Diarrhea that continues
- Vomiting or poor fluid intake
- Yellow skin or eyes
- Dark urine or severe fatigue

GET URGENT HELP

- Heavy bleeding
- Severe chest pain or stroke signs
- Severe abdominal pain

IMPORTANT SAFETY REMINDERS

Diarrhea is common but should not be ignored

Start the clinician-approved plan early. Call if diarrhea is severe, persistent, associated with dizziness, or prevents normal drinking.

Liver protection

Report nausea, right-upper-abdominal pain, itching, yellow skin or eyes, dark urine, or unusual tiredness. Keep all liver-function tests.

Bleeding and blood clots

Tell the care team about anticoagulants and antiplatelet medicines. Seek urgent help for heavy bleeding, chest pain, sudden weakness, or speech changes.

Pregnancy prevention and interactions

Ofev can harm an unborn baby. Discuss reliable contraception, pregnancy, breastfeeding, smoking, and all prescriptions or supplements with the care team.



FAIRVIEW PHARMACY

MY OFEV® GUIDE

SIMPLIFIED REFRIGERATOR REFERENCE

MY DOSE PLAN

My name: _____

My strength: _____

Morning time: _____

Evening time: _____

Next liver test: _____

THE THREE RULES

- Take with food about 12 hours apart
- Swallow the capsule whole
- Missed dose: skip it - never double

MY DIARRHEA ACTION PLAN

My approved antidiarrheal medicine: _____

When to start it: _____

My fluid instructions: _____

Clinic number for persistent diarrhea: _____

Call promptly for severe diarrhea, dizziness, weakness, vomiting, or inability to keep fluids down.

CALL THE CARE TEAM

- Persistent or severe diarrhea
- Vomiting or poor fluid intake
- Yellow skin or eyes
- Dark urine or severe fatigue
- New unusual bruising or bleeding

GET URGENT HELP

- Heavy or uncontrolled bleeding
- Severe abdominal pain
- Chest pain or trouble breathing
- Sudden weakness, speech, or vision change
- Severe allergic swelling

DO NOT CHANGE THE DOSE YOURSELF

- Your prescriber may pause or reduce Ofev for side effects or abnormal liver tests.
- Do not open capsules or handle the contents. Wash exposed skin promptly if a capsule breaks.
- Call before starting new medicines, supplements, or smoking-cessation changes.

FAIRVIEW PHARMACY • 601-544-4871

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General education only; follow your prescriber and pharmacist instructions.