



FAIRVIEW PHARMACY

PREMARIN® TABLETS MADE SIMPLE

A PATIENT GUIDE TO CONJUGATED ESTROGENS

Premarin tablets are systemic estrogen. The reason for treatment, whether you still have a uterus, and your clot, cancer, heart, liver, and bleeding history determine the safest plan.

1 KNOW WHY YOU TAKE IT

Uses may include menopausal symptoms or other specific estrogen indications. Use only for the prescribed reason.

2 LOWEST EFFECTIVE DOSE

Use the lowest dose that controls symptoms for the shortest appropriate time, with regular reassessment.

3 UTERUS MATTERS

If you still have a uterus, a progestogen may be needed to reduce endometrial cancer risk.

4 REPORT BLEEDING

Any new, persistent, or postmenopausal vaginal bleeding needs prompt medical evaluation.

5 KNOW CLOT SIGNS

Chest pain, sudden shortness of breath, one-sided leg swelling, or stroke-like symptoms are emergencies.

6 CHECK EVERY MEDICINE

Tell the pharmacist about hormone products, blood thinners, seizure medicines, and herbal supplements.

BEFORE AND DURING TREATMENT

- Confirm whether this guide matches oral Premarin tablets; vaginal cream and injection have different instructions.
- Review personal and family history of breast or endometrial cancer, blood clots, stroke, heart disease, liver disease, migraines, and unexplained bleeding.
- Keep breast screening, blood-pressure checks, and follow-up visits. Reassess whether systemic estrogen is still needed.

CALL PROMPTLY

- New vaginal bleeding
- Breast lump or nipple change
- Severe headache or vision change
- Yellow skin or eyes

CALL 911

- Chest pain or sudden shortness of breath
- One-sided leg swelling
- Stroke-like symptoms

IMPORTANT HORMONE-SAFETY REMINDERS

Estrogen is not used to prevent heart disease or dementia

Systemic estrogen can increase the risk of blood clots, stroke, and other serious outcomes in some patients.

A uterus changes the plan

Using estrogen alone in a person with a uterus increases endometrial cancer risk. Ask whether a progestogen is part of your plan.

Surgery and immobilization

Tell the prescriber before major surgery or prolonged bed rest. Do not stop or restart hormone therapy without instructions.

Pregnancy and breastfeeding

Premarin is not a contraceptive and is not intended for use during pregnancy. Discuss pregnancy possibility and breastfeeding with the clinician.

FAIRVIEW PHARMACY | 601-544-4871

500 Katie Avenue, Hattiesburg, MS 39401

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General education only; follow your clinician and pharmacist instructions.



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MY PREMARIN® TABLET GUIDE

SIMPLIFIED REFRIGERATOR REFERENCE

MY HORMONE PLAN

My name: _____

My tablet strength: _____

My daily time: _____

Do I have a uterus? Yes / No

My progestogen, if prescribed: _____

THE THREE RULES

- Take only the prescribed tablet dose
- Report any new vaginal bleeding
- Know clot and stroke warning signs

KEEP THESE CHECKS ON SCHEDULE

- Blood pressure and symptom review
- Breast screening based on your clinician's plan
- Evaluation of any vaginal bleeding
- Periodic review of the lowest effective dose and whether treatment is still needed

CALL THE CLINIC

- Vaginal bleeding or spotting
- Breast lump or new breast change
- Severe headache or vision change
- Yellow skin or dark urine
- New swelling or significant fluid retention

CALL 911 / GET URGENT HELP

- Chest pain or sudden breathlessness
- One-sided painful leg swelling
- Face droop or arm weakness
- Trouble speaking or sudden vision loss
- Severe allergic swelling

DO NOT CONFUSE FORMS

- This guide is for oral Premarin tablets. Premarin vaginal cream and injectable Premarin have different dosing and instructions.
- Bring the exact package or a medication photo to Fairview if you are unsure which form you use.

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