



FAIRVIEW PHARMACY

RESTASIS® MADE SIMPLE

A PATIENT GUIDE TO CYCLOSPORINE EYE DROPS

Restasis helps some people with inflammatory dry eye make more of their own tears. The key is using it twice daily, keeping the tip clean, and staying consistent long enough to judge the benefit.

1

USE IT TWICE DAILY

Place 1 drop in each prescribed eye about 12 hours apart.

2

MIX BEFORE USE

Gently invert a single-use vial several times until the emulsion looks evenly mixed.

3

KEEP THE TIP CLEAN

Do not let the vial or bottle tip touch your eye, fingers, or any surface.

4

REMOVE CONTACTS

Take lenses out first. Wait at least 15 minutes before reinserting them.

5

SEPARATE OTHER DROPS

Allow at least 15 minutes between Restasis and lubricant eye drops.

6

EXPECT GRADUAL CHANGE

Burning may occur at first. Tear improvement can take weeks to months.

HOW TO USE A SINGLE-USE VIAL

1. Wash and dry your hands.
2. Invert the vial a few times to make the emulsion uniform.
3. Remove contact lenses before using the drop.
4. Tilt your head back and pull down the lower eyelid.
5. Place 1 drop in each prescribed eye without touching the tip.
6. Close the eye gently. Do not squeeze or blink hard.
7. Use the vial immediately, then discard the remaining contents.

COMMON AT FIRST

- Burning or stinging
- Temporary blur
- Redness or watering
- Foreign-body sensation

CALL YOUR EYE DOCTOR

- Pain that is severe or worsening
- Persistent vision change
- Pus-like discharge
- Swelling, hives, or breathing trouble

IMPORTANT EXPECTATIONS AND SAFETY REMINDERS

Keep using it consistently

Restasis is not a quick lubricating drop. Improvement may take several weeks, and some patients need a few months before benefit is clear.

Artificial tears can still help

Lubricant drops may be used, but leave at least 15 minutes between products unless your eye clinician gives different instructions.

Do not share eye drops

Sharing can spread infection and may contaminate the container.

Storage

Store at room temperature, 59°F to 77°F (15°C to 25°C). Protect the container from contamination.

FAIRVIEW PHARMACY • 601-544-4871

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General education only; follow your prescriber and pharmacist instructions.



MY RESTASIS® GUIDE

SIMPLIFIED REFRIGERATOR REFERENCE

MY DAILY PLAN

My name: _____

Morning time: _____

Evening time: _____

Prescriber: _____

Next eye visit: _____

THE THREE RULES TO REMEMBER

1 drop in each prescribed eye

Use twice daily, about 12 hours apart

Never touch the container tip to your eye or another surface

MORNING AND EVENING CHECKLIST

- Wash and dry my hands
- Mix the single-use vial by gently inverting it
- Keep the tip away from my eye, fingers, and surfaces
- Wait at least 15 minutes before contacts or other eye drops
- Remove contact lenses
- Place 1 drop in each prescribed eye
- Discard the opened single-use vial after use

CALL THE EYE DOCTOR

- Severe or worsening eye pain
- Vision changes that do not clear
- Increasing redness or swelling
- Thick or pus-like discharge
- Symptoms suggesting an eye infection

GET URGENT HELP

- Face, tongue, or throat swelling
- Trouble breathing or swallowing
- Sudden severe vision loss
- Eye injury from the container tip

TRACKING MY PROGRESS

- Less burning or gritty feeling
- Fewer artificial-tear doses
- Better comfort while reading or using screens
- Better tolerance of wind or air conditioning

Do not judge the medicine after only a few days. Use it consistently and discuss progress at follow-up.

Questions? Fairview Pharmacy • 601-544-4871

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Bring this guide to your next eye appointment.