

TOUJEO, MADE SIMPLE

Concentrated insulin glargine U-300 for once-daily basal coverage

U-300 concentrated Toujeo contains 300 units per mL. Confirm the label before every injection.	Once daily Use at the same time each day and titrate only under clinician direction.	Pen only Never withdraw Toujeo from the pen with a syringe. Severe overdose can result.
Not the same as Lantus Both contain insulin glargine, but concentration and switching instructions differ.	Effect builds gradually The full glucose-lowering effect may take several days after starting or increasing.	56-day in-use limit Keep the in-use pen at room temperature and discard after 56 days.

MOST IMPORTANT

Toujeo is U-300 concentrated insulin. Use only the SoloStar or Max SoloStar pen, read the dose window in units, and never withdraw it into a syringe. It is not directly interchangeable with Lantus.

SoloStar versus Max SoloStar

Both pens display actual units. The Max pen is designed for larger doses and dials in larger increments. Use the exact device prescribed and do not calculate volume.

Injection technique

Prime before every injection, use a new needle, rotate sites, and hold the dose button as directed until the window returns to zero and the required count is completed.

Missed dose

Do not double or use rapid insulin as a substitute unless your written plan specifically says so. Check glucose and contact the diabetes team for individualized instructions.

Low blood sugar

Monitor closely after switching insulins, changing sites, changing dose, illness, exercise, or eating changes. Long-acting insulin can cause prolonged lows.

Monitoring

Review fasting glucose, overnight lows, A1C, injection sites, kidney and liver status, and the first weeks after any conversion.

Storage

Unopened: refrigerate. In use: room temperature only, below 86 F, cap on, no needle attached. Do not return to the refrigerator. Discard after 56 days.

EMERGENCY WARNING

Call 911 for unconsciousness, seizure, severe confusion, inability to swallow, or a severe allergic reaction. Use prescribed glucagon for severe low blood sugar when available.

Fairview Pharmacy | 500 Katie Avenue, Hattiesburg, MS 39401 | 601-544-4871

Clinically reviewed: July 2026. Based on Toujeo U-300 U.S. Prescribing Information and Instructions for Use. This guide provides general education and does not replace individualized instructions from your healthcare team.

MY TOUJEO GUIDE

Simplified refrigerator guide - keep this with your insulin supplies

THE MAIN RULE

Toujeo is U-300 concentrated insulin. Use only the SoloStar or Max SoloStar pen, read the dose window in units, and never withdraw it into a syringe. It is not directly interchangeable with Lantus.

My device - SoloStar or Max:	_____
My daily dose:	_____
My injection time:	_____
Date opened:	_____
Discard date - 56 days later:	_____
My diabetes-team phone:	_____

MISSED DOSE

Check glucose and call for a product-specific plan. Do not double. Do not substitute Lantus or another basal insulin on your own.

CALL TODAY

Repeated lows, persistent high fasting glucose, uncertainty about the pen, vomiting or ketones, or a change from Lantus or another basal insulin.

STORAGE AND HANDLING

After first use, keep at room temperature below 86 F with the cap on and no needle attached. Do not refrigerate the in-use pen. Discard after 56 days.

GET URGENT HELP

Call 911 for unconsciousness, seizure, severe confusion, inability to swallow, or a severe allergic reaction. Use prescribed glucagon for severe low blood sugar when available.

LOW BLOOD SUGAR - RULE OF 15

If glucose is below 70 mg/dL and you can swallow safely: take 15 grams of fast carbohydrate, wait 15 minutes, and recheck. Repeat if still low. For severe low blood sugar, inability to swallow, seizure, or unconsciousness: use glucagon if available and call 911.

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