



TRIUMEQ® MADE SIMPLE

ONE COMPLETE HIV REGIMEN - HLA-B*5701 TESTING IS ESSENTIAL

1

**NEVER
RESTART
AFTER A**

HLA-B*5701 & REACTION WARNING

Abacavir hypersensitivity can be fatal. If stopped for a suspected reaction, never restart unless an HIV specialist confirms it is safe.

2

**TAKE IT EVERY
DAY**

Take one tablet daily with or without food. Avoid unplanned gaps.

3

**KNOW THE
WARNING CARD**

Keep the medication warning card with you and know the symptoms of hypersensitivity.

4

**CHECK
ANTACIDS &
MINERALS**

Dolutegravir interacts with aluminum, magnesium, calcium, and iron. Ask for exact timing.

5

**HEPATITIS B
NEEDS A PLAN**

Lamivudine alone is not enough hepatitis B treatment. Stopping can cause a serious flare.

6

**KEEP LABS &
REFILLS ON
TIME**

Viral load, liver function, kidney function, and treatment history require regular review.

MY DAILY TRIUMEQ PLAN

My daily time: _____

HLA-B*5701 result: _____

My HIV clinician: _____

MISSED A DOSE?

Take it when you remember unless the next dose is close. Do not double. If doses were stopped because of illness or a possible reaction, call before restarting.

STOP & CALL FOR REACTION

- Fever or rash
- Nausea, vomiting, diarrhea, or abdominal pain
- Severe tiredness, achiness, or generally feeling ill
- Shortness of breath, cough, or sore throat
- Symptoms from two or more groups can signal hypersensitivity

ABACAVIR HYPERSENSITIVITY - KNOW THE RULES

TEST BEFORE STARTING

HLA-B*5701 testing is required. A positive result means Triumeq should not be used.

NEVER RECHALLENGE

Restarting after a true or suspected reaction can cause a rapid, life-threatening event.

KEEP THE WARNING CARD

Carry the card and tell every clinician and pharmacy about any prior abacavir reaction.

IMPORTANT SAFETY & SUCCESS REMINDERS

HEPATITIS B

HBV needs a complete treatment plan; stopping lamivudine can trigger a flare.

LIVER HEALTH

Report yellow skin or eyes, dark urine, or severe abdominal symptoms.

HEART RISK DISCUSSION

Ask the prescriber how abacavir fits your cardiovascular risk profile.

PRIVACY & SUPPORT

Fairview provides confidential counseling and refill-gap prevention.



MY TRIUMEQ® GUIDE

KEEP THIS PAGE WITH YOUR MEDICATIONS

MY TREATMENT PLAN

My name: _____

My daily time: _____

HLA-B*5701 result: _____

My HIV clinician: _____

Next refill date: _____

NEVER RESTART AFTER A SUSPECTED REACTION

IF I MISS OR STOP DOSES

- 1 Take a routine missed dose when remembered unless the next is close.
- 2 Do not double the dose.
- 3 If stopped because of symptoms, do not restart on your own.
- 4 Call before the last tablet if a gap is possible.

REACTION WARNING GROUPS

SKIN

Rash may occur with or without other symptoms.

FEVER / ILLNESS

Fever, achiness, or severe tiredness.

STOMACH

Nausea, vomiting, diarrhea, or pain.

BREATHING

Shortness of breath, cough, or sore throat.

STOP & CALL RIGHT AWAY

- Symptoms from two or more warning groups
- Rash with fever or facial swelling
- Trouble breathing or swallowing
- Yellow skin or eyes or dark urine
- A prior abacavir reaction
- Any chance of missing refills

NEVER RESTART ON MY OWN

A true or suspected abacavir hypersensitivity reaction can become rapidly fatal if Triumeq is restarted. Seek specialist instructions.

KEEP THE WARNING CARD WITH YOU

FAIRVIEW SUPPORT

PRIVATE COUNSELING

Questions answered discreetly.

INTERACTION CHECKS

Every prescription and supplement reviewed.

REFILL PROTECTION

Call early if travel, insurance, or supply may cause a gap.

COST SUPPORT

Coverage and assistance options checked for your prescription.