



VRAYLAR MADE SIMPLE

A patient guide to taking cariprazine safely

Take it once daily and remember that dose changes can take weeks to fully show up because the medicine stays in the body a long time.

1

ONCE DAILY

Take at the same time, with or without food.

2

BE PATIENT WITH CHANGES

Benefits and side effects may appear gradually after a dose change.

3

WATCH RESTLESSNESS

Report pacing, inability to sit still, stiffness, tremor, or uncontrolled movements.

4

TRACK METABOLIC HEALTH

Weight, glucose, cholesterol, and blood pressure may need monitoring.

5

WATCH MOOD

Report worsening depression, agitation, unusual behavior, or suicidal thoughts.

6

URGENT SIGNS

High fever, rigid muscles, confusion, fainting, or severe allergy needs urgent care.

YOUR DAILY VRAYLAR PLAN

- My dose: _____
- My daily time: _____
- Why I take it: _____
- My next follow-up: _____
- Do not change the dose based on one difficult day.

IMPORTANT SAFETY REMINDERS

- Use caution with driving until effects are known.
- Avoid overheating and dehydration.
- Tell the pharmacist about strong CYP3A4 interacting medicines.
- Do not stop suddenly without a prescriber plan.

HOW FAIRVIEW HELPS

- Appointment and refill reminders
- Medication interaction review
- Side-effect and movement screening
- Cost and coverage support
- Private, nonjudgmental counseling



FAIRVIEW PHARMACY

VRAYLAR - QUICK GUIDE

Simplified refrigerator reference

MY MEDICATION PLAN

My name: _____

My dose: _____

My schedule / interval: _____

My next appointment or refill: _____

My prescriber / clinic: _____

THE ONE RULE TO REMEMBER

Take it once daily and remember that dose changes can take weeks to fully show up because the medicine stays in the body a long time.

CALL THE CARE TEAM PROMPTLY FOR

- Weight, glucose, cholesterol, and blood pressure may need monitoring.
- Report worsening depression, agitation, unusual behavior, or suicidal thoughts.
- High fever, rigid muscles, confusion, fainting, or severe allergy needs urgent care.
- Use caution with driving until effects are known.
- Avoid overheating and dehydration.

FAIRVIEW PHARMACY 601-544-4871

Call before a missed injection becomes overdue or before changing a daily dose.

Clinically reviewed: July 2026

This guide does not replace instructions from your prescriber or clinic.