



XCOPRI® MADE SIMPLE

A PATIENT GUIDE TO CENOBAAMATE

Xcopri is a once-daily seizure medicine for adults with focal-onset seizures. It must be started and increased slowly; taking the titration steps exactly is a major safety rule.

- 1 FOLLOW TITRATION**
Start low and increase only on the written schedule. Never jump ahead or use a stronger tablet early.
- 2 TAKE ONCE DAILY**
Take at the same time each day, with or without food. Swallow tablets whole with liquid.
- 3 DO NOT STOP SUDDENLY**
Abrupt stopping can worsen seizures. Dose reduction should be directed by the seizure-care team.
- 4 WATCH FOR DRESS**
Fever, rash, swollen glands, facial swelling, or liver symptoms need immediate clinical contact.
- 5 EXPECT DROWSINESS**
Dizziness, sleepiness, fatigue, double vision, and poor coordination may occur. Avoid driving until you know the effect.
- 6 CHECK INTERACTIONS**
Other seizure medicines, alcohol, sedatives, and hormonal contraceptives may require review or adjustment.

MY TITRATION PLAN

Current tablet strength: _____
Current daily dose: _____
Date of next increase: _____
Next prescribed dose: _____
Seizure clinician: _____
Fairview refill date: _____

CALL IMMEDIATELY

- Fever with rash or swollen glands
- Face swelling or severe weakness
- Yellow skin or dark urine
- New or worsening suicidal thoughts

CALL 911

- Seizure lasting 5 minutes or more
- Repeated seizures without recovery
- Trouble breathing or severe allergy

IMPORTANT SAFETY REMINDERS

Slow titration reduces serious reaction risk

DRESS has occurred when cenobamate was started at higher doses or increased rapidly. Follow the starter pack exactly.

Heart rhythm

Xcopri can shorten the QT interval and should not be used in familial short-QT syndrome. Report fainting, severe palpitations, or a known family rhythm disorder.

Contraception and pregnancy

Xcopri may reduce the effectiveness of hormonal contraceptives. Discuss a reliable nonhormonal method and pregnancy planning with the care team.

Interaction-sensitive seizure medicines

Phenytoin, phenobarbital, clobazam, and other antiseizure medicines may need dose adjustment. Never change them yourself.



MY XCOPRI® GUIDE

SIMPLIFIED REFRIGERATOR REFERENCE

MY DAILY PLAN

My name: _____

Current strength: _____

Daily time: _____

Next increase date: _____

Next refill date: _____

THE THREE RULES

- Follow the titration schedule exactly
- Never stop suddenly
- Call immediately for fever plus rash

DAILY SAFETY CHECK

- Take only today's prescribed strength
- Avoid alcohol and new sedatives until checked
- Do not drive if dizzy, sleepy, unsteady, or seeing double
- Track seizures, falls, rash, mood changes, and medication changes

CALL THE SEIZURE TEAM

- Fever, rash, or swollen glands
- Increasing dizziness or falls
- Seizures becoming more frequent
- Mood or behavior changes
- Pregnancy or contraception questions

CALL 911 / GET URGENT HELP

- Seizure lasts 5 minutes or more
- Repeated seizures without recovery
- Trouble breathing or throat swelling
- Severe confusion or loss of consciousness
- Immediate risk of self-harm

MISSED DOSE

- Follow the individualized instructions from your seizure-care team or pharmacist.
- Do not double a dose or combine tablet strengths to catch up unless specifically directed.
- Call before a refill gap; abrupt interruption can increase seizure risk.