FAIRVIEW PHARMACY — EST. 1978

Taking Dovato safely

dolutegravir + lamivudine · a quick guide for patients and caregivers

3 MISTAKES TO AVOID

1. **Unknown hepatitis B status**
   You'll be tested for hepatitis B before you start. Never stop Dovato on your own.
2. **Minerals at the wrong time**
   Antacids, laxatives, and some supplements need timing (below).
3. **Starting something new without checking**
   Some medicines must never be taken with Dovato. Ask us first.

How to take it

- **1 tablet once a day, with or without food.** Dovato is a complete HIV treatment with 2 medicines in one tablet.
- **Missed a dose?** Take it as soon as you remember. Never take 2 doses at the same time.
- **Don't run out.** Refill early so you never miss a day.

Mineral timing (mistake #2)

- **Antacids or laxatives with aluminum or magnesium, sucralfate, buffered medicines:** take Dovato **at least 2 hours before or 6 hours after**.
- **Calcium or iron supplements, including multivitamins:** at the same time as Dovato **with food**. Without food, use the same 2 hours before, 6 hours after rule.

Check with us first (mistake #3)

- **Never with Dovato:** dofetilide (heart rhythm).
- **Carbamazepine or rifampin:** your provider adds an extra dolutegravir tablet, 12 hours apart from Dovato.
- **Avoid:** oxcarbazepine, phenytoin, phenobarbital, St. John's wort. **Metformin:** your dose may be adjusted.

IMPORTANT

Hepatitis B? Lamivudine alone isn't enough, and the hepatitis B virus can become resistant. Your provider may add a hepatitis B medicine, or choose a different treatment. Stopping Dovato can cause a serious hepatitis B flare.

EMERGENCY: CALL 911

Rash with fever, blisters, mouth sores, red or swollen eyes, swelling of the face, lips, or tongue, or trouble breathing: stop Dovato and get medical help right away.

Call your doctor right away if you notice

- Yellow skin or eyes, or dark urine
- Pain on the right side of your stomach

Thoughts of harming yourself? Call or text **988**, any time.

Pregnant or planning to be?

Talk with your HIV provider about the benefits and risks.

Questions? Ask Dr. Mike at fairviewpharm.com/medications

Leave a message: 601-640-4671 · 500 Katie Ave, Hattiesburg, MS

Medically reviewed by Dr. Mike Acheampong, Pharmacist, Fairview Pharmacy · October 2026

This handout is for education only and is not medical advice. Talk with your doctor or pharmacist about your medicines.
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