FAIRVIEW PHARMACY — EST. 1978

Taking fluoxetine safely

fluoxetine (Prozac) · depression, anxiety and related conditions

3 MISTAKES TO AVOID

1 Mixing it with the wrong medicines
Never with an MAOI, linezolid, IV methylene blue, pimozide or thioridazine.

2 Stopping on your own
Stopping too fast can cause dizziness, anxiety, irritability or poor sleep.

3 Not watching for mood changes
Watch closely in the first months and after any dose change.

How to take it

- **With or without food,** as prescribed. Full benefit can take several weeks.
- **Missed a dose?** Take it when you remember. Almost time for the next? Skip it. Never 2 doses at once.
- Don't drive until you know how it affects you.

Never with fluoxetine (mistake #1)

- An MAO inhibitor for depression, linezolid, IV methylene blue, pimozide, thioridazine.
- Wait **5 weeks** after stopping fluoxetine before an MAOI. Wait **14 days** after an MAOI before fluoxetine.

Tell your pharmacist

- St. John's wort, tramadol, and other serotonin medicines
- NSAIDs, aspirin or a blood thinner: bleeding risk goes up
- Diabetes, seizures, bipolar disorder, glaucoma, heart rhythm problems

Boxed warning: in children, teens and young adults, fluoxetine can increase suicidal thoughts and actions. **Thoughts of suicide?** Call or text **988**, any time.

Call your doctor right away if you notice

- New or worse depression, anxiety, panic, anger or restlessness
- Rash or hives, unusual bleeding or bruising
- Eye pain, vision changes, or eye swelling or redness
- Feeling unusually high-energy or wired

EMERGENCY: CALL 911
Fever with confusion, muscle stiffness or a racing heartbeat (possible serotonin syndrome): get medical help right away.

Questions? Ask Dr. Mike at fairviewpharm.com/medications

Leave a message: 601-640-4671 · 500 Katie Ave, Hattiesburg, MS

Medically reviewed by Dr. Mike Acheampong, Pharmacist, Fairview Pharmacy · October 2026

This handout is for education only and is not medical advice. Talk with your doctor or pharmacist about your medicines.
Source: FDA prescribing information and Medication Guide for PROZAC (rev. 8/2023). PROZAC is a trademark of its owner.

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