FAIRVIEW PHARMACY — EST. 1978

Taking Advair Diskus safely

fluticasone propionate / salmeterol · twice-daily inhaler · asthma or COPD

3 MISTAKES TO AVOID

1. **Treating sudden wheezing as normal**
   Sudden trouble breathing after a puff: stop it and call your doctor.
2. **Using the Diskus the wrong way**
   Hold it flat, click the lever, breathe in fast and deep, hold 10 seconds.
3. **Not telling us about every medicine, or a milk allergy**
   The device has milk protein; some medicines are not recommended with it.

How to take it

- 1 inhalation, **2 times a day**, about 12 hours apart, every day.
- Hold the Diskus **flat**, slide the lever until it clicks, then breathe out fully away from it.
- Breathe in **fast and deep** through your mouth. Hold your breath for about **10 seconds**.
- Close the Diskus, then rinse your mouth with water and spit it out.

Missed a dose?

- Skip the missed dose and take your next one at your usual time. Never take 2 doses at once.

Storing it safely

- Room temperature, dry, away from heat and sunlight. Keep it in the closed foil pouch until first use.
- Throw it away 1 month after you open the pouch, or when the counter reads 0, whichever comes first.

IMPORTANT
Sudden trouble breathing right after a puff? Stop using Advair Diskus and call your doctor right away. This is not a rescue inhaler.

Call your doctor right away if you notice

- Your rescue inhaler is needed more often, or works less well
- 4 or more rescue puffs in 24 hours for 2 or more days in a row
- You use a whole rescue canister in 8 weeks
- If you have COPD: fever or more mucus (possible pneumonia)

EMERGENCY: CALL 911
Face, lip, tongue or throat swelling, hives, or sudden trouble breathing: stop Advair Diskus and get medical help right away.

Good to know

The device contains milk protein. Ritonavir, ketoconazole, itraconazole, and clarithromycin are not recommended with Advair Diskus.

Questions? Ask Dr. Mike at fairviewpharm.com/medications

Leave a message: 601-640-4671 · 500 Katie Ave, Hattiesburg, MS

Medically reviewed by Dr. Mike Acheampong, Pharmacist, Fairview Pharmacy · October 2026

This handout is for education only and is not medical advice. Talk with your doctor or pharmacist about your medicines.
Source: FDA prescribing information and Patient Information for ADVAIR DISKUS, revised June 2023. ADVAIR DISKUS is a trademark of the GSK group of companies.

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