FAIRVIEW PHARMACY — EST. 1978

Taking gabapentin safely

gabapentin (Neurontin) · nerve pain and seizures

3 MISTAKES TO AVOID

1 Mixing it with sedating medicines
Opioids, sleep or anxiety medicines and alcohol can slow your breathing.

2 Stopping suddenly
It can cause seizures or withdrawal. Stop only with your provider's plan.

3 Antacids at the wrong time
Take gabapentin at least 2 hours after an aluminum and magnesium antacid.

How to take it

- **Exactly as prescribed,** with or without food.
- **Missed a dose?** Take it when you remember. Almost time for the next? Skip it. Never 2 doses at once.
- Don't drive or use machines until you know how it affects you.
- Kidney problems? Your dose may need to be lower.

Antacid timing (mistake #3)

- Antacids with aluminum and magnesium (like Maalox): take gabapentin **at least 2 hours after**.

Tell your pharmacist

- Opioids, sleep aids, anxiety medicines, and alcohol use
- Lung problems, depression, or past thoughts of self-harm
- Pregnancy or breastfeeding: gabapentin passes into breast milk

EMERGENCY: CALL 911
Slow or difficult breathing, blue lips, extreme sleepiness, or can't be woken up: call 911.

Get medical help right away for

- A severe rash, a fever with a rash, or swollen glands
- Swelling of the face, lips, throat or tongue, or trouble breathing

Call your doctor right away if you notice

- New or worse depression, anxiety, irritability, or mood changes

Thoughts of harming yourself? Call or text **988** (Suicide & Crisis Lifeline), any time.

Questions? Ask Dr. Mike at fairviewpharm.com/medications

Leave a message: 601-640-4671 · 500 Katie Ave, Hattiesburg, MS

Medically reviewed by Dr. Mike Acheampong, Pharmacist, Fairview Pharmacy · October 2026

This handout is for education only and is not medical advice. Talk with your doctor or pharmacist about your medicines.
Source: FDA prescribing information and Medication Guide for NEURONTIN (rev. 4/2025). NEURONTIN is a trademark.

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