FAIRVIEW PHARMACY — EST. 1978

Taking Juluca safely

dolutegravir + rilpivirine · a quick guide for patients and caregivers

3 MISTAKES TO AVOID

1 No real meal
Always take Juluca with a meal. A protein drink or coffee is not a meal.

2 The wrong heartburn medicine
PPIs like omeprazole must never be taken with Juluca. Other acid reducers need timing (below).

3 Starting something new without checking
Some medicines and supplements lower Juluca's levels. Ask us first.

How to take it

- **1 tablet once a day, with a meal.** Juluca is a complete HIV regimen for adults who are already undetectable and switching from another treatment.
- **Missed a dose?** Take it as soon as you remember, with a meal. Never take 2 doses at once.
- **Don't run out.** Call us early for refills.

Acid reducer timing (mistake #2)

- **PPIs** (omeprazole, esomeprazole, lansoprazole, pantoprazole, rabeprazole): **never** with Juluca.
- **H2 blockers** (e.g. famotidine): take Juluca **4 hours before or 12 hours after**.
- **Antacids, Mg/Al laxatives, sucralfate, buffered medicines:** take Juluca **4 hours before or 6 hours after**.
- **Calcium or iron supplements:** together with Juluca **and a meal**, or separate them the same way.

Never with Juluca (mistake #3)

- St. John's wort, rifampin, rifapentine, carbamazepine, oxcarbazepine, phenobarbital, phenytoin, repeated doses of dexamethasone, and **dofetilide**.
- **Rifabutin:** your provider adds an extra rilpivirine tablet. **Metformin:** your dose may be adjusted.

EMERGENCY: CALL 911
Rash with fever, blisters, swelling of the face, lips or tongue, or trouble breathing: stop Juluca and get medical help right away.

Call your care team right away if you notice

- Yellow skin or eyes, dark or tea-colored urine, light-colored stools
- Nausea, vomiting, loss of appetite, or pain on the right side of your stomach
- Feeling sad, hopeless, anxious or restless
- Hepatitis B or C? Tell your provider. Juluca does not treat hepatitis B.

Thoughts of harming yourself? Call or text **988** (Suicide & Crisis Lifeline), any time.

Pregnant or planning to be?

Talk with your HIV provider about the benefits and risks.

Questions? Ask Dr. Mike at fairviewpharm.com/medications

Leave a message: 601-640-4671 · 500 Katie Ave, Hattiesburg, MS

Medically reviewed by Dr. Mike Acheampong, Pharmacist, Fairview Pharmacy · October 2026

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