FAIRVIEW PHARMACY — EST. 1978

Taking latanoprost safely

latanoprost 0.005% · once-daily eye drop · glaucoma / ocular hypertension

3 MISTAKES TO AVOID

1. **Using it more than once a day**
   One drop in the evening. Combining it with another prostaglandin eye drop can work less well.
2. **Keeping contact lenses in**
   Remove lenses before the drop; wait 15 minutes before putting them back in.
3. **Assuming every bottle stores the same**
   Xalatan & most generics: fridge, then 6 weeks at room temp. Xelpros and Iyuzeh differ.

How to take it

- **1 drop in the evening**, in the affected eye or eyes.
- Do not use more than once a day, and do not combine with another prostaglandin eye drop; it can work less well.
- Using other eye drops too? Space them **at least 5 minutes** apart from latanoprost.
- Remove contact lenses before the drop; wait **15 minutes** before putting them back in. Same rule for Xalatan, generic latanoprost, Xelpros, and Iyuzeh.

Storage

- **Xalatan & most generic latanoprost:** refrigerate until opened, then up to 6 weeks at room temperature (up to 77°F).
- **Xelpros and Iyuzeh** have different storage rules. Check your own carton. Protect any bottle from light.

Missed a dose?

- Just continue with your next dose as usual. Never use a double dose to catch up.

Before you start

- **Do not use** if you are allergic to latanoprost or benzalkonium chloride.
- Tell your eye doctor if you have active eye inflammation, a history of herpes eye infection, or certain lens or retina conditions.

Call your eye doctor if you notice

- New eye pain, redness, or vision changes
- Permanent iris darkening, or longer and thicker eyelashes, with ongoing use

Good to know

Pregnant or planning to be? Tell your doctor. High doses caused birth defects in animal studies, and there are no good studies in pregnant women.

Questions? Ask Dr. Mike at fairviewpharm.com/medications

Leave a message: 601-640-4671 · 500 Katie Ave, Hattiesburg, MS

Medically reviewed by Dr. Mike Acheampong, Pharmacist, Fairview Pharmacy · October 2026

This handout is for education only and is not medical advice. Talk with your doctor or pharmacist about your medicines.
Source: FDA prescribing information for XALATAN (Viatris, rev. 2023) and generic latanoprost labels. XALATAN is a trademark.

Scan for the full guide