FAIRVIEW PHARMACY — EST. 1978

Taking lisinopril safely

lisinopril (Zestril, Prinivil) · blood pressure and heart

3 MISTAKES TO AVOID

1. **Taking it during pregnancy**
   It can harm or kill an unborn baby. Stop and call as soon as you know.
2. **Missing angioedema signs**
   Face, lip, tongue or throat swelling is an emergency. Never restart it.
3. **Adding potassium on your own**
   Potassium pills and salt substitutes can raise potassium too high.

How to take it

- **Once a day,** with or without food, as prescribed.
- Your prescriber checks blood pressure, kidneys and potassium, especially at the start.

Never with lisinopril

- Within **36 hours** of sacubitril/valsartan (Entresto), either direction
- Aliskiren, if you have diabetes
- If you ever had face, lip, tongue or throat swelling with an ACE inhibitor

Tell your pharmacist

- Potassium supplements or salt substitutes with potassium
- NSAIDs like ibuprofen or naproxen, lithium, water pills
- Breastfeeding: not recommended while taking lisinopril

IMPORTANT

Boxed warning: lisinopril can cause injury or death to an unborn baby. If you become pregnant, stop taking it and call your prescriber as soon as you know.

EMERGENCY: CALL 911

Swelling of the face, lips, tongue or throat, or trouble breathing: stop lisinopril and get help right away.

Call your doctor right away if you notice

- Sore throat or fever
- Yellow skin or eyes
- Dizziness or fainting, especially when you stand

Good to know: a dry cough can happen. Tell your prescriber.

Questions? Ask Dr. Mike at fairviewpharm.com/medications

Leave a message: 601-640-4671 · 500 Katie Ave, Hattiesburg, MS

Medically reviewed by Dr. Mike Acheampong, Pharmacist, Fairview Pharmacy · October 2026

This handout is for education only and is not medical advice. Talk with your doctor or pharmacist about your medicines.
Source: FDA prescribing information for ZESTRIL (lisinopril), rev. 11/2024. ZESTRIL is a trademark of its owner.

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