FAIRVIEW PHARMACY — EST. 1978

Taking Lokelma safely

sodium zirconium cyclosilicate · powder for high potassium

3 MISTAKES TO AVOID

1. **Dosing on a dialysis day**
   Hemodialysis patients take Lokelma only on non-dialysis days.
2. **Not spacing your other pills**
   Take other oral medicines at least 2 hours before or after Lokelma.
3. **Potassium supplements or bowel problems**
   Ask first before potassium supplements; tell your doctor about constipation or a blocked bowel.

How to take it

- Mix each packet with about 3 tablespoons of water. Stir well and drink right away. If powder remains, add more water and drink again.
- **On hemodialysis?** Take Lokelma only on your non-dialysis days.
- Take your other oral medicines at least **2 hours before or 2 hours after** Lokelma. This includes antibiotics, thyroid medicine, and heart medicines.

Potassium supplements

- Do not take potassium supplements or salt substitutes unless your doctor tells you to. They work against what Lokelma is doing.

Missed a dose?

- The label gives no missed-dose rule. Ask your pharmacist or doctor what to do, and never take 2 doses at once.

IMPORTANT

Tell your doctor if you have severe constipation, a blocked bowel, or past bowel surgery. Lokelma may not work and could make these worse.

Call your doctor right away if you notice

- New or worsening swelling, especially with heart failure or a salt-restricted diet
- Sudden weakness, muscle cramps, or an irregular heartbeat (signs potassium dropped too low)

Good to know

Lokelma can show up on a belly X-ray and look like contrast dye. Tell your doctor and the X-ray technician that you take it.

If you are on dialysis and get sick with vomiting or diarrhea, call your care team. Your dose may need to change.

Questions? Ask Dr. Mike at fairviewpharm.com/medications

Leave a message: 601-640-4671 · 500 Katie Ave, Hattiesburg, MS

Medically reviewed by Dr. Mike Acheampong, Pharmacist, Fairview Pharmacy · October 2026

This handout is for education only and is not medical advice. Talk with your doctor or pharmacist about your medicines.
Source: FDA prescribing information for LOKELMA (rev. 3/2026). LOKELMA is a trademark.

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