FAIRVIEW PHARMACY — EST. 1978

Taking meloxicam safely

meloxicam (Mobic) · prescription NSAID for arthritis pain

3 MISTAKES TO AVOID

1 Adding another NSAID or aspirin

Ibuprofen, naproxen or aspirin with meloxicam raises bleeding risk.

2 Missing heart and stomach warning signs

NSAIDs raise heart attack, stroke and stomach bleeding risk.

3 Ignoring liver, skin or pregnancy warnings

Stop for a new rash. Avoid at 30 weeks of pregnancy or later.

How to take it

- **Only your prescribed dose,** never more than 15 mg a day, for the shortest time that works.
- **Missed a dose?** Take it when you remember. Almost time for the next? Skip it. Never 2 doses at once.
- Food may ease stomach upset but doesn't lower bleeding risk.
- Low-dose aspirin for your heart? Don't stop it on your own. Ask your doctor.

Tell your pharmacist

- Ulcers or bleeding, heart disease, kidney disease, high blood pressure, dehydration
- A blood thinner, an antidepressant or a water pill
- **Pregnant?** Avoid at 20 weeks or later unless your doctor directs. Avoid completely at 30 weeks or later.

IMPORTANT

Boxed warning: NSAIDs raise the risk of heart attack and stroke, even early in treatment, and bleeding, ulcers or holes in the stomach or intestines, sometimes without warning. **Never** right before or after heart bypass surgery.

EMERGENCY: CALL 911

Chest pain, trouble breathing, weakness on one side, or slurred speech.

Stop and call your doctor right away for

- Vomiting blood, black or bloody stools, stomach pain that won't go away
- A new rash, yellow skin or eyes, nausea, unusual tiredness or flu-like symptoms
- Less urine or new swelling

Never take it if you've had asthma, hives or another allergic reaction after aspirin or another NSAID.

Questions? Ask Dr. Mike at fairviewpharm.com/medications

Leave a message: 601-640-4671 · 500 Katie Ave, Hattiesburg, MS

Medically reviewed by Dr. Mike Acheampong, Pharmacist, Fairview Pharmacy · October 2026

This handout is for education only and is not medical advice. Talk with your doctor or pharmacist about your medicines.
Source: FDA prescribing information and Medication Guide for meloxicam tablets USP (rev. 12/2024).

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