FAIRVIEW PHARMACY — EST. 1978

Taking Mounjaro safely

tirzepatide · once-weekly shot · type 2 diabetes

3 MISTAKES TO AVOID

1. **Birth control pills alone**
   Use a backup for 4 weeks after starting and after each dose increase.
2. **The missed dose rule**
   Within 4 days, or skip it. Keep 3 days between doses.
3. **The wrong pen technique**
   Get trained on your exact pen, KwikPen or vial.

How to take it

- **Once a week**, any time, with or without food.
- Stomach area or thigh. **Back of the upper arm: another person injects.** New spot each week.
- **Never share a pen**, even with a new needle. Children and people with vision loss shouldn't self-inject with the KwikPen.

Birth control pills (mistake #1)

- For **4 weeks after you start** and **4 weeks after each dose increase**: switch to a non-oral method or add a barrier method.

Missed a dose? (mistake #2)

- Take it within **4 days**. More than 4 days? Skip it. Always keep **3 days** between doses.

Tell your care team

- Insulin or a sulfonylurea: low blood sugar is more likely. Before surgery or sedation, tell the team.

IMPORTANT
Never use Mounjaro if you or anyone in your family has had medullary thyroid cancer, or if you have MEN 2.

Call your doctor right away if you notice

- Severe stomach pain that won't go away, with or without vomiting (stop the medicine and call)
- Vomiting or diarrhea that won't stop, dizziness, or very little urine
- Upper stomach pain with fever, or yellow skin or eyes
- Changes in your vision
- A lump in your neck, hoarseness, or trouble swallowing

EMERGENCY: CALL 911
Swelling of the face, lips, tongue or throat, trouble breathing or swallowing, or fainting: stop Mounjaro and get medical help right away.

Good to know

Pregnant, or breastfeeding? Tell your doctor.

Questions? Ask Dr. Mike at fairviewpharm.com/medications

Leave a message: 601-640-4671 · 500 Katie Ave, Hattiesburg, MS

Medically reviewed by Dr. Mike Acheampong, Pharmacist, Fairview Pharmacy · October 2026

This handout is for education only and is not medical advice. Talk with your doctor or pharmacist about your medicines.
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