FAIRVIEW PHARMACY — EST. 1978

Taking Ofev safely

nintedanib · twice-daily capsule · idiopathic pulmonary fibrosis and related lung d

3 MISTAKES TO AVOID

1. **Taking it the wrong way**
   With food, swallowed whole, 12 hours apart. Never chew, crush, or open it.
2. **Skipping the pregnancy rules**
   Ofev can seriously harm an unborn baby; a pregnancy test and birth control are required.
3. **Not telling your care team**
   Ofev can affect bleeding, wound healing, and liver enzymes.

How to take it

- One capsule in the **morning** and one in the **evening**, about 12 hours apart, **with food**.
- Swallow each capsule **whole** with a liquid. **Never** chew, crush, or open it (bitter, can irritate your mouth).
- Missed a dose? Skip it and take the next one at the regular time. Never take 2 doses to catch up. Never take more than 300 mg in a day.

Managing diarrhea

- The most common side effect. Drink plenty of fluids and ask your pharmacist about loperamide.
- If it doesn't get better, or with nausea or vomiting, call your doctor. Your dose may need to change.

Storing it safely

- Room temperature, dry, away from high heat. Keep it, and all medicines, out of the reach of children.

IMPORTANT

Can cause serious harm to an unborn baby. If you can become pregnant, you need a pregnancy test before starting and highly effective birth control during treatment and for 3 months after your last dose.

Tell your care team about

- Any planned surgery (Ofev can affect bleeding and wound healing)
- A blood thinner like warfarin
- Liver problems (you will need regular blood tests, especially in the first 3 months)

Call your doctor right away if you notice

- Diarrhea, nausea, or vomiting that does not go away
- Yellow skin or eyes, dark urine, or right-side stomach pain
- Unusual bleeding or bruising, foamy urine, swelling, or sudden weight gain

EMERGENCY: CALL 911

Sudden chest pain, one-sided weakness, severe headache, or coughing up blood: get medical help right away.

Questions? Ask Dr. Mike at fairviewpharm.com/medications

Leave a message: 601-640-4671 · 500 Katie Ave, Hattiesburg, MS

Medically reviewed by Dr. Mike Acheampong, Pharmacist, Fairview Pharmacy · October 2026

This handout is for education only and is not medical advice. Talk with your doctor or pharmacist about your medicines.
Source: FDA prescribing information and Patient Information for OFEV (nintedanib), revised May 2025. OFEV is a trademark of Boehringer Ingelheim.

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