FAIRVIEW PHARMACY — EST. 1978

Taking Ozempic safely

semaglutide · weekly shot or daily tablet · type 2 diabetes

3 MISTAKES TO AVOID

1 Shot and pill as the same dose

The weekly shot and daily tablets are not swapped milligram for milligram.

2 Taking the tablet the wrong way

Empty stomach, up to 4 oz plain water, then wait 30 minutes.

3 Not telling your care team

Tell them before surgery or sedation, and about insulin or a sulfonylurea.

How to take it

- **Shot:** once a week, same day, any time, with or without food. Stomach area, thigh or upper arm; new spot each week.
- **Tablet:** 1 each morning, empty stomach, **no more than 4 oz of plain water**. Swallow whole. **Wait 30 minutes** before food, drinks or other pills.
- Ozempic tablets and Rybelsus tablets are **not** the same dose. Switch only with a new prescription.

Missed a dose?

- **Shot:** take it within 5 days. More than 5 days? Skip it and keep your usual day.
- **Tablet:** skip it and take the next one the following day. Never 2 tablets in a day.

Tell your care team

- Before any surgery or sedation, tell the team you take Ozempic.
- Insulin or a sulfonylurea (like glipizide): low blood sugar is more likely.

IMPORTANT

Never use Ozempic if you or anyone in your family has had medullary thyroid cancer, or if you have MEN 2.

Call your doctor right away if you notice

- Severe stomach pain that won't go away, with or without vomiting (stop the medicine and call)
- Vomiting or diarrhea that won't stop, dizziness, or very little urine
- Upper stomach pain with fever, or yellow skin or eyes
- Changes in your vision
- A lump in your neck, hoarseness, or trouble swallowing

EMERGENCY: CALL 911

Swelling of the face, lips, tongue or throat, trouble breathing or swallowing, or fainting: stop Ozempic and get medical help right away.

Good to know

Planning a pregnancy? Stop at least 2 months before.
Tablets: breastfeeding is not recommended.

Questions? Ask Dr. Mike at fairviewpharm.com/medications

Leave a message: 601-640-4671 · 500 Katie Ave, Hattiesburg, MS

Medically reviewed by Dr. Mike Acheampong, Pharmacist, Fairview Pharmacy · October 2026

This handout is for education only and is not medical advice. Talk with your doctor or pharmacist about your medicines.
Source: FDA prescribing information for OZEMPIC injection (rev. 6/2026) and tablets (rev. 1/2026). OZEMPIC is a trademark.

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