FAIRVIEW PHARMACY — EST. 1978

Taking pantoprazole safely

Protonix · acid reducer for reflux and ulcers

3 MISTAKES TO AVOID

1 Taking it the wrong way
Swallow tablets whole. Granules go 30 minutes before a meal, in applesauce or apple juice only.

2 Missing a dangerous mix
Never with rilpivirine HIV medicines. Avoid atazanavir and nelfinavir.

3 Ignoring a warning sign
Less urine, blood in urine, ongoing diarrhea, or new joint pain or rash all need a call.

How to take it

- **Tablets:** swallow whole, with or without food. Never split or crush. Can't swallow a 40 mg tablet? Two 20 mg tablets work.
- **Granules:** a fixed dose that can't be split. Give about **30 minutes before a meal**, in applesauce or apple juice only — never water or other foods.
- **Missed a dose?** Take it as soon as you remember. If your next dose is almost due, skip it — never take 2 doses together.
- Take pantoprazole exactly as prescribed, at the **lowest dose and for the shortest time** that works for you.

Never or avoid together

- **Never** with rilpivirine HIV medicines (Edurant, Complera, Odefsey, Juluca).
- **Avoid** atazanavir and nelfinavir.
- Tell us if you take **methotrexate**, **warfarin**, a water pill, or **digoxin**.

IMPORTANT
Call your doctor right away for less urine or blood in your urine (possible kidney problem), or diarrhea or stomach pain that doesn't improve (possible gut infection).

Also call for

- New or worse joint pain, or a rash on your cheeks or arms that gets worse in the sun

Long-term use (a year or longer)

- Can raise bone fracture risk and lower magnesium. Low magnesium can cause seizures, dizziness, an irregular heartbeat, jitteriness, muscle aches or weakness, or spasms.

EMERGENCY: CALL 911
Hives, a rash, or swelling of your face, lips, tongue, or throat, or trouble breathing: get medical help right away.

Questions? Ask Dr. Mike at fairviewpharm.com/medications

Leave a message: 601-640-4671 · 500 Katie Ave, Hattiesburg, MS

Medically reviewed by Dr. Mike Acheampong, Pharmacist, Fairview Pharmacy · October 2026

This handout is for education only and is not medical advice. Talk with your doctor or pharmacist about your medicines.
Source: FDA prescribing information and Medication Guide for PROTONIX (rev. 5/2026). PROTONIX is a trademark of its owner.

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