FAIRVIEW PHARMACY — EST. 1978

Using pregabalin safely

also sold as Lyrica · nerve pain · taper slowly · don't mix with opioids

3 MISTAKES TO AVOID

1. **Driving or using machines too soon**
   Can cause dizziness and sleepiness. Wait until you know how it affects you.
2. **Stopping it suddenly**
   Can cause withdrawal symptoms and bring seizures back. Taper down over at least a week.
3. **Combining it with opioids or sedatives**
   Can cause serious, even deadly, breathing problems. Tell every prescriber what you take.

How to take it

- Treats nerve pain from diabetes, shingles, and spinal cord injury; also used for fibromyalgia and seizures. Taken with or without food.
- This medicine is also a controlled substance. Keep it secure and don't share it.

Driving or using machines too soon

- Can cause dizziness and sleepiness, especially when starting or changing the dose. Wait until you know how it affects you.
- Avoid alcohol — it makes dizziness and sleepiness worse. New blurry vision? Tell your doctor.
- Kidney problems? Your prescriber will need to lower your dose.

Stopping it suddenly

- Can cause insomnia, nausea, headache, anxiety, sweating, or diarrhea. In a seizure disorder, seizures can come back more often.
- Taper down over at least 1 week, with your doctor. Don't run out either — plan refills ahead.

Combining it with opioids or sedatives

- Opioid pain medicine, sleep medicine, or other drugs that slow breathing can cause serious, even deadly, breathing problems, especially with existing breathing problems.

IMPORTANT
Suicidal thoughts and behavior: watch for new or worse depression, or sudden changes in mood or behavior. Call your doctor right away if they happen.

Thoughts of suicide? Call or text 988, any time.

Serious allergic reaction

- Swelling of your face, mouth, or throat, or skin redness, blisters, hives, a rash, or wheezing.

EMERGENCY: CALL 911
Get medical help right away for these signs, or for slow/shallow breathing or trouble waking up.

Good to know

New swelling in your hands, legs, or feet? Tell your doctor.

Questions? Ask Dr. Mike at fairviewpharm.com/medications

Leave a message: 601-640-4671 · 500 Katie Ave, Hattiesburg, MS

Medically reviewed by Dr. Mike Acheampong, Pharmacist, Fairview Pharmacy · October 2026

This handout is for education only and is not medical advice. Talk with your doctor or pharmacist about your medicines.
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