FAIRVIEW PHARMACY — EST. 1978

# Taking Premarin safely

conjugated estrogens tablets · menopause hormone therapy

## 3 MISTAKES TO AVOID

**1 Not knowing the boxed warning**

Covers endometrial cancer, cardiovascular disorders, probable dementia, and breast cancer.

**2 Estrogen alone with a uterus**

Women with a uterus need a progestin. Some with a history of endometriosis still need one after hysterectomy.

**3 Not sharing history or skipping checkups**

Tell your doctor about clots, stroke, heart attack, certain breast cancers, liver disease, or prior allergic reaction.

**IMPORTANT**

**Boxed warning:** endometrial cancer, cardiovascular disorders (stroke, blood clots, heart attack), probable dementia, and breast cancer. Use the lowest effective dose for the shortest time needed.

## The progestin rule

- **Have a uterus?** You need a progestin along with Premarin to protect against endometrial cancer.
- **No uterus?** Usually no progestin needed, but a history of endometriosis may still require one.

## Before you start

- Tell your doctor about any history of blood clots (DVT/PE), stroke, heart attack, certain breast cancers, liver disease, or an allergic reaction to Premarin.
- Premarin is taken with or without food.

## Missed a dose?

- Take it as soon as you remember. If it is almost time for the next dose, skip it and go back to your normal schedule. Never take 2 doses at once.

## Stay on schedule

- Talk with your doctor regularly, about every 3 to 6 months, about your dose and whether you still need Premarin.
- Keep up with breast exams, mammograms, and blood pressure checks as your doctor recommends.

## Call your doctor right away if you notice

- New breast lumps
- Unusual or unexplained vaginal bleeding
- A new, bad headache
- Mood changes that worry you

**EMERGENCY: CALL 911**

**Sudden chest pain or shortness of breath, sudden leg pain or swelling, or sudden weakness, trouble speaking, or vision changes:** these can mean a blood clot, heart attack, or stroke. Call 911.

## Questions? Ask Dr. Mike at fairviewpharm.com/medications

Leave a message: 601-640-4671 · 500 Katie Ave, Hattiesburg, MS

Medically reviewed by Dr. Mike Acheampong, Pharmacist, Fairview Pharmacy · October 2026

This handout is for education only and is not medical advice. Talk with your doctor or pharmacist about your medicines.
Source: FDA prescribing information for PREMARIN tablets (Patient Information rev. 4/2025; DailyMed version 6/2026). PREMARIN is a trademark of Wyeth/Pfizer.

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