FAIRVIEW PHARMACY — EST. 1978

Taking Restasis safely

cyclosporine 0.05% · twice-daily eye drops · chronic dry eye

3 MISTAKES TO AVOID

1. **Giving up too soon**
   Restasis works slowly; about 15 in 100 users made more tears at 6 months.
2. **Using it the wrong way**
   Shake the Multidose bottle before every dose, and prime a new bottle first.
3. **Keeping contact lenses in**
   Remove lenses before each dose; wait 15 minutes before putting them back in.

How to take it

- **One drop in each eye, twice a day**, about 12 hours apart.
- **Multidose bottle:** turn it upside down a few times before every dose, because it is an emulsion that separates.
- **New Multidose bottle:** prime it first by squeezing 2 drops onto a tissue.
- Also using artificial tears? Wait **15 minutes** between the two drops.

Contact lenses

- Restasis is not recommended for contact lens wearers. If you do wear lenses, remove them before the drop and wait 15 minutes before putting them back in.

Missed a dose?

- The label gives no missed-dose rule. Ask your pharmacist or eye doctor what to do. Never use extra drops to catch up.

What Restasis is for

Chronic dry eye (keratoconjunctivitis sicca). It is thought to work by calming inflammation that may be holding tear production back; the exact way it works is not fully known.

- Not shown to increase tears if you already use anti-inflammatory eye drops or have punctal plugs.
- Not studied in children under 16.
- **Do not use** if you are allergic to any ingredient in it.

Call your eye doctor right away if you notice

- Eye pain, an eye injury, or signs of infection
- New vision changes

Good to know

Restasis stays on the surface of the eye, so it is not expected to affect a pregnancy. Tell your eye doctor and your OB if you are pregnant or breastfeeding.

Questions? Ask Dr. Mike at fairviewpharm.com/medications

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Medically reviewed by Dr. Mike Acheampong, Pharmacist, Fairview Pharmacy · October 2026

This handout is for education only and is not medical advice. Talk with your doctor or pharmacist about your medicines.
Source: FDA prescribing information for RESTASIS (rev. 12/2024) and RESTASIS MULTIDOSE (rev. 8/2025). RESTASIS is a trademark.

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