FAIRVIEW PHARMACY — EST. 1978

Taking Revlimid safely

lenalidomide · oral capsule · multiple myeloma and other blood cancers

3 MISTAKES TO AVOID

1. **Not taking the pregnancy rules seriously**
   Revlimid can cause severe birth defects; the full plan is on the back.
2. **Ignoring clot signs or the blood donation rule**
   Know the warning signs and never donate blood while on Revlimid.
3. **Skipping blood count checks**
   Low blood counts need regular testing and fast reporting of fever or bleeding.

How to take it

- Take Revlimid as directed by your cancer team. **Swallow capsules whole** with water; do not open, break, or chew them.
- Each prescription is limited to a 28 day supply because of the required safety program.

Pregnancy prevention plan

- **Pregnancy tests** before you start, then on a regular schedule after that.
- **2 forms of birth control** together (one highly effective plus a barrier method), or complete abstinence, starting 4 weeks before the first dose, through treatment and any breaks, and for 4 weeks after the last dose.
- **Men, including after a vasectomy:** use a latex or synthetic condom with any partner who could become pregnant, during treatment and for 4 weeks after stopping.

Tell your care team

- Digoxin levels should be checked periodically.
- Medicines that boost red blood cells, or that contain estrogen, can raise clot risk further.

IMPORTANT
Do not become pregnant while taking Revlimid. It may cause severe birth defects or loss of a pregnancy. It is related to thalidomide.

Call your doctor right away if you notice

- A swollen or painful leg, sudden chest pain, or sudden shortness of breath (possible blood clot)
- Fever, chills, unusual bruising, or bleeding that will not stop (low blood counts)
- Yellow skin or eyes, or dark urine

EMERGENCY: CALL 911
Sudden weakness on one side, trouble speaking, severe shortness of breath, or swelling of the face, lips, or tongue: stop Revlimid and get medical help right away.

Good to know

- Never donate blood or sperm while taking Revlimid, during any break, or for 4 weeks after your last dose.

Revlimid can raise the chance of new cancers forming later, so keep every blood test and followup visit.

Questions? Ask Dr. Mike at fairviewpharm.com/medications

Leave a message: 601-640-4671 · 500 Katie Ave, Hattiesburg, MS

Medically reviewed by Dr. Mike Acheampong, Pharmacist, Fairview Pharmacy · October 2026

This handout is for education only and is not medical advice. Talk with your doctor or pharmacist about your medicines.
Source: FDA prescribing information and Medication Guide for REVLIMID (Medication Guide rev. 3/2023). REVLIMID is a trademark.

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