FAIRVIEW PHARMACY — EST. 1978

Using rosuvastatin safely

statin (Crestor) · once a day, with or without food

3 MISTAKES TO AVOID

1 Ignoring muscle pain
Tell your doctor right away about unexplained muscle pain or weakness.

2 Taking it with the wrong antacid
An aluminum/magnesium antacid can cut how much you absorb by half.

3 Not listing every medicine
Gemfibrozil, cyclosporine, and some HIV/hepatitis C medicines interact.

How to take it

- **Once a day, any time,** with or without food. Swallow it whole.
- Take rosuvastatin **at least 2 hours before** an aluminum and magnesium hydroxide antacid.
- Missed dose? Take your next dose at the normal time. Don't take an extra dose.
- Store at room temperature (68-77°F), in a dry place.

Watch for muscle and liver signs

EMERGENCY: CALL 911
Unexplained muscle pain, tenderness, or weakness, especially with fever or unusual tiredness: tell your doctor right away.

- Fatigue, loss of appetite, dark urine, or yellow skin or eyes can be liver signs.

Medicines that interact

- **Gemfibrozil and cyclosporine** raise rosuvastatin levels and muscle risk.
- **Certain HIV and hepatitis C medicines** (such as lopinavir, ritonavir, atazanavir) can raise levels too.
- **Warfarin:** you will need more frequent blood tests.

Good to know

- Can raise blood sugar, and rarely, protein or blood in the urine. Keep up your diet and exercise.
- If you're pregnant, stop and call your doctor. Breastfeeding isn't recommended.

Questions? Ask Dr. Mike at fairviewpharm.com/medications

Leave a message: 601-640-4671 · 500 Katie Ave, Hattiesburg, MS

Medically reviewed by Dr. Mike Acheampong, Pharmacist, Fairview Pharmacy · October 2026

This handout is for education only and is not medical advice. Talk with your doctor or pharmacist about your medicines.
Source: FDA prescribing information and Patient Information for CRESTOR (rev. 9/2026). CRESTOR is a trademark of its owner.

Scan for the full guide