FAIRVIEW PHARMACY — EST. 1978

Taking Renvela safely

sevelamer carbonate · phosphate binder · chronic kidney disease on dialysis

3 MISTAKES TO AVOID

1. **Antibiotic or transplant medicine too close**
   Ciprofloxacin needs 2 hours before or 6 hours after; mycophenolate needs 2 hours before.
2. **Skipping a meal, or microwaving the powder**
   Renvela only works with food in your gut; never heat the powder.
3. **Ignoring a blocked bowel or warning signs**
   Never use Renvela with a blocked bowel; call your doctor for bloody stool or severe belly pain.

How to take it

- Take **every dose with a meal**, never on an empty stomach. Renvela only works when it is in your gut with food.
- Powder: stir well into water and drink within 30 minutes. **Never** heat it or mix it into hot food or drinks.
- Trouble swallowing tablets? Renvela also comes as a powder. Ask your doctor or pharmacist.

Medicine timing

- **Ciprofloxacin:** 2 hours before or 6 hours after Renvela. **Mycophenolate:** at least 2 hours before.
- Thyroid medicine, cyclosporine, and tacrolimus can also be affected — ask how far apart to take them.

Missed a dose?

- Missed a dose? The label has no rule. Ask your pharmacist. Do not double up.

IMPORTANT

Never take Renvela if you have a blocked bowel (bowel obstruction), or if you are allergic to sevelamer.

Call your doctor right away if you notice

- Black or bloody stool, or bloody vomit
- Severe belly pain or bloating that does not go away

Good to know

Studies did not show that sevelamer changes warfarin or digoxin levels. Still, tell your doctor about every medicine you take.

Pregnant? Tell your doctor. Renvela can lower certain vitamins and folic acid. Store at room temperature, away from moisture.

Questions? Ask Dr. Mike at fairviewpharm.com/medications

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Medically reviewed by Dr. Mike Acheampong, Pharmacist, Fairview Pharmacy · October 2026

This handout is for education only and is not medical advice. Talk with your doctor or pharmacist about your medicines.
Source: FDA prescribing information for RENVELA (rev. 11/2025). RENVELA is a trademark.

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