FAIRVIEW PHARMACY — EST. 1978

Taking Triumeq safely

abacavir + dolutegravir + lamivudine · a quick guide for patients

3 MISTAKES TO AVOID

1. **Missing allergic reaction signs**
   Symptoms from 2 or more groups (right)? Call your doctor right away.
2. **Restarting on your own**
   Stopped, even for a few days? Talk with your provider before you restart.
3. **Starting something new without checking**
   Some medicines must never be taken with Triumeq. Ask us first.

How to take it

- **1 tablet once a day, with or without food.** Triumeq treats HIV with 3 medicines in one tablet.
- **Gene test first:** a blood test checks for HLA-B*5701. If you have it, you must not take Triumeq.
- **Carry the Warning Card** your pharmacist gives you.
- **Don't run out,** and never stop without talking to your provider.

Check with us first (mistake #3)

- **Never with Triumeq:** dofetilide (heart rhythm).
- **Carbamazepine or rifampin:** your provider adds an extra dolutegravir tablet, 12 hours apart.
- **Avoid:** oxcarbazepine, phenytoin, phenobarbital, St. John's wort.
- **Antacids or laxatives with aluminum or magnesium:** Triumeq **2 hours before or 6 hours after**. **Calcium or iron:** together with Triumeq and food.

IMPORTANT

Allergic reaction? Call your doctor right away if you get symptoms from **2 or more** of these groups: fever; rash; nausea, vomiting, diarrhea, or stomach pain; feeling generally ill, very tired, or achy; shortness of breath, cough, or sore throat.

IMPORTANT

Stopped because of a reaction? Never take Triumeq, or any medicine with abacavir or dolutegravir, again. A reaction can turn life-threatening within hours. **Stopped for another reason?** Talk with your provider first. If they say it's OK, restart near medical help.

Call your doctor right away if you notice

- Yellow skin or eyes, dark urine, or pain on the right side of your stomach

Tell your provider if you

- Have heart disease, smoke, or have high blood pressure, high cholesterol, or diabetes. Some HIV medicines, including Triumeq, may raise the risk of heart attack.
- Have hepatitis B. Stopping can cause a serious flare.
- Are pregnant or planning to be: talk about the benefits and risks.

Questions? Ask Dr. Mike at fairviewpharm.com/medications

Leave a message: 601-640-4671 · 500 Katie Ave, Hattiesburg, MS

Medically reviewed by Dr. Mike Acheampong, Pharmacist, Fairview Pharmacy · October 2026

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