FAIRVIEW PHARMACY — EST. 1978

# Taking Trulicity safely

dulaglutide · once-weekly shot · type 2 diabetes

## 3 MISTAKES TO AVOID

1. **Guessing on a missed dose**
   Take it only if your next dose is at least 3 days away.
2. **Skipping pen training**
   Have someone show you before your first shot.
3. **Missing low blood sugar**
   The risk goes up with insulin or a sulfonylurea.

## How to take it

- **Once a week**, same day, any time, with or without food.
- Each pen is **one dose, used one time**. Stomach area, thigh or upper arm; new spot each week.
- **Never mix with insulin** in the same shot. Same area is OK, not right next to each other.

## Missed a dose? (mistake #1)

- Next dose **3 or more days away**: take it now. Less than 3 days: skip it. Never 2 doses within 3 days.

## Low blood sugar signs (mistake #3)

- Shakiness, sweating, dizziness, confusion, fast heartbeat, hunger.

## Storage

- Refrigerator, original carton. **Never use a frozen pen.** Room temperature up to 86°F: 14 days total.

**IMPORTANT**
**Never use Trulicity** if you or anyone in your family has had medullary thyroid cancer, or if you have MEN 2.

## Call your doctor right away if you notice

- Severe stomach pain that won't go away, with or without vomiting (stop the medicine and call)
- Vomiting or diarrhea that won't stop, dizziness, or very little urine
- Upper stomach pain with fever, or yellow skin or eyes
- Changes in your vision
- A lump in your neck, hoarseness, or trouble swallowing

**EMERGENCY: CALL 911**
**Swelling of the face, lips, tongue or throat, trouble breathing or swallowing, or fainting:** stop Trulicity and get medical help right away.

## Good to know

Before surgery or sedation, tell the team. **Pregnant, planning to be, or breastfeeding?** Talk with your doctor.

## Questions? Ask Dr. Mike at fairviewpharm.com/medications

Leave a message: 601-640-4671 · 500 Katie Ave, Hattiesburg, MS

Medically reviewed by Dr. Mike Acheampong, Pharmacist, Fairview Pharmacy · October 2026

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