FAIRVIEW PHARMACY — EST. 1978

Taking Veltassa safely

patiromer · powder for high potassium · ages 12 and up

3 MISTAKES TO AVOID

1. **Not spacing your other pills**
   Take other oral medicines at least 3 hours before or after Veltassa.
2. **Heating it, or taking it dry**
   Never microwave Veltassa or swallow the dry powder.
3. **Bowel problems or an allergic reaction**
   Tell your doctor about constipation or a blocked bowel; never retake it after lip swelling.

How to take it

- Mix each dose with about 1/3 cup of water, or a soft food like applesauce or yogurt. Stir well and take it right away.
- **Never** heat Veltassa (even in the microwave) and never take it dry.
- Take other oral medicines at least **3 hours before or 3 hours after** Veltassa. Your pharmacist will tell you if a medicine does not need spacing.

Storing it

- Keep Veltassa in the refrigerator. Once out, it is good at room temperature for up to 3 months.

Missed a dose?

- The label gives no missed-dose rule. Ask your pharmacist or doctor what to do, and never take 2 doses on the same day.

IMPORTANT
Never take Veltassa again if you ever had an allergic reaction to it, including swelling of the lips.

Tell your doctor if you have

- Severe constipation, a blocked bowel, or past bowel surgery — Veltassa may not work and could make these worse
- Muscle cramps, tingling, weakness, or an irregular heartbeat (signs of low potassium or low magnesium)

EMERGENCY: CALL 911
Swelling of the face, lips, tongue or throat, or trouble breathing: get medical help right away.

Good to know

Ages: approved for adults and children 12 and older. Not approved for children under 12.

Questions? Ask Dr. Mike at fairviewpharm.com/medications

Leave a message: 601-640-4671 · 500 Katie Ave, Hattiesburg, MS

Medically reviewed by Dr. Mike Acheampong, Pharmacist, Fairview Pharmacy · October 2026

This handout is for education only and is not medical advice. Talk with your doctor or pharmacist about your medicines.
Source: FDA prescribing information for VELTASSA (rev. 1/2025). VELTASSA is a trademark.

Scan for the full guide